

Pos	Name	Cat	Club	R1	R2	R3	R4	R5	R6	Best 3
1	Benjy COBBOLD	MU9	Framlingham Flyers		500	500	500	500		1500
2	Kyan MCNEILL	MU9	Saint Edmund Pacers	499	499	498	499	499	500	1498
3	Hugo GUNNING	MU9	Hadleigh Hares AC	500		499	498	498		1497
4	Charlie MITCHELL	MU9	Stowmarket Striders RC	498	498	497	497	497	499	1495
5	Finley SMITH	MU9	Colchester Harriers AC	497		496	496		494	1489
6	Harry WRIGHT	MU9	Ipswich Jaffa RC			486	495	496	495	1486
7	Joshua WATTS	MU9	Unattached	496	493	493	486	488		1482
8	Tommy FORDER	MU9	Saint Edmund Pacers	494		491	489	490	489	1475
9	Joseph HOBSON	MU9	Ipswich Jaffa RC	495				489	490	1474
10	Sebastian JOHNSON	MU9	Saint Edmund Pacers				490	492	492	1474
11	Charlie NAUGHTON	MU9	Unattached		492	488	485			1465
12	Archie HATCH	MU9	Unattached		497				496	993
13	Jan WOLNY	MU9	Haverhill Running Club				494	493		987
14	Riley BREWSTER	MU9	Unattached			492	493			985
15	Zack FARTHING	MU9	Unattached		494	490				984
16	Oscar ASHWOOD	MU9	Unattached					487	486	973
17	Travis FAIERS	MU9	TRISudbury					486	485	971
18	James HOY	MU9	Hadleigh Hares AC						498	498
19	Charlie ROXBY-CLARKE	MU9	Harwich Runners						497	497
20	Henry PALMER	MU9	Unattached		496					496
21	Gus MAJOR	MU9	Framlingham Flyers		495					495
22	Finnian WOOD	MU9	Felixstowe RRC			495				495
23	Reggie RAWLINGS	MU9	Stowmarket Striders RC					495		495
24	Theo JOHNSON	MU9	Unattached			494				494
25	Edison PEPPER	MU9	Unattached					494		494
26	Angelo MASSEY	MU9	Unattached						493	493
27	Reuben JACOBS	MU9	Hadleigh Hares AC				492			492
28	Milo CLEMENTS	MU9	Unattached		491					491
29	Justin BAGUTIU	MU9	Unattached				491			491
30	Harrison WRIGHT	MU9	Unattached					491		491
31	Otto SOLOMONS	MU9	Unattached						491	491
32	Niall HUMPHREY	MU9	Unattached		490					490
33	Lorenzo DI FRANCO	MU9	Unattached		489					489
34	Freddie BROWNLEE	MU9	Unattached			489				489
35	Roman PARISH	MU9	Unattached		488					488
36	Joshua BOORMAN	MU9	Unattached				488			488
37	Tristan WOODLAND	MU9	Unattached						488	488
38	Noah REDBOND	MU9	Unattached			487				487
39	Mattia MARTIRADONNA	MU9	Unattached				487			487
40	Felix BENNETT	MU9	Unattached						487	487
41	Archie CANTWELL	MU9	Unattached					485		485
42	Zac CHARLTON	MU9	Unattached				484			484
43	Owen FREELAND	MU9	Unattached						484	484
44	Matthew SMITH	MU9	Unattached				483			483
45	Lewis FREELAND	MU9	Unattached						483	483
46	Raife JARVIS	MU9	Unattached				482			482
47	Cassius KEITCH	MU9	Unattached						482	482
48	Otis VOGEL	MU9	Unattached				481			481

1	Rowan STRINGER	MU11	Colchester & Tendring AC	500	500		500	500	500	1500
2*	Ethan FRISBY-BRIGHT	MU11	Haverhill Running Club	499	497	499		497	499	1497
2*	Finlay WEIR	MU11	Colchester Harriers AC			500	499		498	1497
4	Ethan ASHWOOD	MU11	Saint Edmund Pacers			498	497	499	497	1494
5	Charlie FIRTH	MU11	Framlingham Flyers	498	491	497	494	494	493	1489
6	Mason PARTRIDGE	MU11	Colchester & Tendring AC	497	494	495		495		1487
7	Harry LING	MU11	Framlingham Flyers	496	495	494	495	489	491	1486
8	Benjamin SQUIRRELL	MU11	Ipswich Jaffa RC		496	496	493	492		1485
9	Archie ROBINSON	MU11	Framlingham Flyers		492		496	491		1479
10	Olly KELLY	MU11	Ipswich Jaffa RC	495		490	489	487	488	1474
11	Leo SMY	MU11	Unattached	494	488	488	490	488	489	1473
12	Freddie ORR	MU11	Ipswich Jaffa RC			487		485	492	1464
13	Wilf MABBITT	MU11	Stowmarket Striders RC				498	498		996
14	Flynn TAYLOR	MU11	Ipswich Jaffa RC					496	494	990
15	Alexander LINDSAY	MU11	Haverhill Running Club	492			488			980
16	Josiah TODD	MU11	Unattached					486	490	976
17	Fynley MOTT	MU11	Framlingham Flyers		499					499
18	Elio DI FRANCO	MU11	Framlingham Flyers		498					498
19	Lawrie GORDON	MU11	Colchester & Tendring AC						496	496
20	Henry FRANKS	MU11	Unattached						495	495
21	Samuel MAY	MU11	Unattached	493						493
22	Freddie COTTON	MU11	Framlingham Flyers		493					493
23	Zach ALEXANDROU	MU11	Unattached			493				493
24	Alex TUPPER	MU11	Stowmarket Striders RC					493		493
25	George AYKROYD	MU11	Felixstowe RRC			492				492
26	Max BELL	MU11	Haverhill Running Club				492			492
27	Archie REDBOND	MU11	Unattached			491				491
28	Lucas CASS-COURTNEY	MU11	Unattached				491			491
29	Eli HUMPHREY	MU11	Framlingham Flyers		490					490
30	George RAWLINGS	MU11	Stowmarket Striders RC					490		490
31	Angelo DI FRANCO	MU11	Framlingham Flyers		489					489
32	Henry AYKROYD	MU11	Felixstowe RRC			489				489
33	Joseph JACOBS	MU11	Unattached			486				486

1	Alfie KELLY	MU13 Ipswich Jaffa RC	498	499	500	500		500	1500
2	Jack SEAGER	MU13 Saint Edmund Pacers	497	498	498	499	500	499	1498
3	Seth BOWMAN	MU13 Ipswich Jaffa RC	500	497	499	498	499		1498
4	Eli BOWMAN	MU13 Ipswich Jaffa RC	499	496	497	497	498		1494
5	George SMITH	MU13 Framlingham Flyers	491	492	495		496	498	1489
6	Edward KINGSTON	MU13 Framlingham Flyers	492	493	496		495		1484
7	Bobbie SEAGER	MU13 Saint Edmund Pacers	488	491	493	490	493	496	1482
8	Samuel GREEN	MU13 Colchester & Tendring AC	489		492	492	494		1478
9	Rowan WEIR	MU13 Colchester Harriers AC		490	494	494			1478
10	Alfie FINBRA	MU13 Ipswich Jaffa RC	490	489	491	491	490	494	1476
11	Thomas BOWEN	MU13 Ipswich Jaffa RC	486	487	486	489	492	493	1474
12	Daniel WRIGHT	MU13 Ipswich Jaffa RC			488	488	491	495	1474
13	Felix COBBOLD	MU13 Framlingham Flyers		484	490	487	488		1465
14	Finley GUNNING	MU13 Hadleigh Hares AC	487	486	489	486			1462
15	Hugo GROSETT	MU13 Unattached		481	483	485	486	491	1462
16	Hayden PRESTON	MU13 Colchester Harriers AC	496			496			992
17	Elliot HOBSON	MU13 Ipswich Jaffa RC	494					497	991
18	Sam CLEMENTS	MU13 Shaftesbury Barnet Harriers	495	495					990
19	Charles CASS-COURTNEY	MU13 West Suffolk AC	493			493			986
20	Nathan HAWES	MU13 Unattached		488				492	980
21	Riley EASTON	MU13 Ipswich Harriers		500					500
22	Leo GUERMONPREZ	MU13 Stowmarket Striders RC					497		497
23	Matthew BLACKWELL	MU13 Saint Edmund Pacers				495			495
24	Christoper SILLIK	MU13 Ipswich Jaffa RC		494					494
25	Harvey DOUGLAS	MU13 Unattached						490	490
26	Noah ETHERINGTON	MU13 Unattached					489		489
27	William AYKROYD	MU13 Felixstowe RRC			487				487
28	Seth GREEN	MU13 Stowmarket Striders RC					487		487
29	Joel FARMER	MU13 Hadleigh Hares AC	485						485
30	Reuben HARRISON	MU13 Unattached		485					485
31	Connor MARTIN	MU13 Kesgrave Kruisers			485				485
32	Owen PHILLIPS	MU13 Unattached			484				484
33	Noah FARTHING	MU13 Ipswich Harriers		483					483
34	Jasper ANDREWS	MU13 Framlingham Flyers		482					482
35	Alfie DORSET	MU13 Unattached			482				482
36	Ozzy RAYNER	MU13 Unattached			481				481
37	Fin COTTON	MU13 Framlingham Flyers		480					480

1	Luke GAVIN	MU15 Ipswich Harriers	500	500	500	500	1500
2	Noah RAISHBROOK	MU15 Ipswich Jaffa RC	500	499	499	499	1498
3	Zachary GODFREY	MU15 Haverhill Running Club	498		496	499	1497
4	Ethan WADE	MU15 Ipswich Jaffa RC	499	497	498	498	1495
5	Joshua ROBERTS	MU15 Ipswich Jaffa RC	496	496	497	497	1492
6	Harrison CUMNER	MU15 Colchester Harriers AC			495	494	1485
7	Oliver LAMBERT	MU15 Saint Edmund Pacers	495	494		491	1484
8	Alex GEORGALAS	MU15 Ipswich Jaffa RC		495	494		1484
9	Luca KADING	MU15 Stowmarket Striders RC	494	493		493	1483
10	Leo BLOOR	MU15 Ipswich Jaffa RC			493	492	1479
11	Elliot YAXLEY	MU15 Saint Edmund Pacers		492	492	490	1474
12	Jason GEORGALAS	MU15 Ipswich Jaffa RC		498			996
13	Harry CRANE	MU15 Kesgrave Cruisers	497				497
14	Jed LAWRENCE	MU15 Ipswich Jaffa RC			496		496
15	David LUPSA	MU15 Saint Edmund Pacers				495	495
16	Charlie SHARP	MU15 Unattached					494
17	Luca DI FRANCO	MU15 Framlingham Flyers	491				491

1	Ronni TOWNSEND	FU9	Colchester & Tendring AC	500	500	500	500	500	500	1500
2	Kirsten TOWNSEND	FU9	Colchester & Tendring AC	499	499	499	499	498	498	1497
3	Violet LILLISTONE-HIGHLANDS	FU9	Stowmarket Striders RC	497	498	498	498	499	499	1496
4	Alba BORRETT	FU9	Ipswich Jaffa RC	498	496		497	494		1491
5	Olivia BIVEN	FU9	Ipswich Jaffa RC		497	497		496	497	1491
6	Abigail KINGSTON	FU9	Framlingham Flyers	494	495	496		491		1485
7	Jessica LAMBERT	FU9	Unattached		494		496	495		1485
8	Rosalie VAN ASWEGEN	FU9	Hadleigh Hares AC	493	493				496	1482
9	Sophie ALDERTON	FU9	Stowmarket Striders RC	496		492	494	490		1482
10	Annelise BELL	FU9	Hadleigh Hares AC	492	491	493	484	484	489	1476
11	Lucia FALIVENO	FU9	Unattached		492		492	489		1473
12	Tilly CARPENTER	FU9	Unattached			494		487	491	1472
13	Ava SMY	FU9	Unattached	491	490			485	486	1467
14	Amalie FRISBY-BRIGHT	FU9	Haverhill Running Club	488	489	490		479	480	1467
15	Lyra JOHNSON	FU9	Saint Edmund Pacers				489	486	492	1467
16	Fern BOWEN	FU9	Ipswich Jaffa RC	489	488	488	476	476	479	1465
17	Darcy LING	FU9	Unattached		485	491	481	478	485	1461
18	Caitlin SMITH	FU9	Unattached	490			482		483	1455
19	Amelia CONNICK	FU9	Unattached		486	485	477	477	482	1453
20	Imogen ORR	FU9	Unattached					492	495	987
21	Ellie DEAN	FU9	Unattached				493	493		986
22	Mia LIGIEZA	FU9	Saint Edmund Pacers				490		493	983
23	Lucy WALLIS	FU9	Unattached				486	488		974
24	Esme JACOBS	FU9	Unattached				483		490	973
25	Madelyn SMITH MCGILL	FU9	Unattached		487			483		970
26	Sienna TAILBY	FU9	Unattached				487	481		968
27	Phoebe GREEN	FU9	Unattached				480	482		962
28	Ariana IONESCU	FU9	Unattached					497		497
29	Lydia FARMER	FU9	Hadleigh Hares AC	495						495
30	Daisy BROWNLEE	FU9	Unattached			495				495
31	Rosalie VAN ASWEGEN	FU9	Hadleigh Hares AC				495			495
32	Rosie BLOWERS	FU9	Unattached						494	494
33	Beattie HOBBS	FU9	Saint Edmund Pacers				491			491
34	Ruby HINDS	FU9	Unattached			489				489
35	Adeline VOGEL	FU9	Unattached				488			488
36	Florence MASSEY	FU9	Unattached						488	488
37	Amaya CLAXTON	FU9	Unattached			487				487
38	Matilda BENNETT	FU9	Unattached						487	487
39	Delilah LOUIS	FU9	Unattached			486				486
40	Ivy PHAM	FU9	Saint Edmund Pacers				485			485
41	Olivia GOOBY	FU9	Unattached						484	484
42	Rose LOOMES	FU9	Unattached						481	481
43	Darcey GLADWELL	FU9	Stowmarket Striders RC					480		480
44	Ava KINGSNORTH	FU9	Unattached				479			479
45	Rosalie WALL	FU9	Unattached				478			478
46	Polly FORDER	FU9	Unattached						478	478
47	Charlotte DEAN	FU9	Unattached				475			475

1	Alice CLEMENTS	FU11	Enfield and Haringey A C	500	499	500		500		1500
2	Elissia BELL	FU11	Saint Edmund Pacers	499	500	499	500	499	500	1500
3	Isobel GROSETT	FU11	Ipswich Jaffa RC		498	498	499	497	497	1495
4	Millie MCNEILL	FU11	Framlingham Flyers	498	497	497	498	498	499	1495
5	Abbie DOCKERILL	FU11	Saint Edmund Pacers		496		496	495	498	1490
6	Morgan DAVIES	FU11	Hadleigh Hares AC	497	495		497			1489
7	Kacie LANGTON	FU11	Colchester & Tendring AC	491	494	496		496	496	1488
8	Matilda BORRETT	FU11	Ipswich Jaffa RC	496	493		495			1484
9	Iris FAIERS	FU11	TRISudbury	495	490	495	494	494	494	1484
10	Rehya ARIYO	FU11	Kesgrave Cruisers	494	491	494				1479
11	Grace LOOMES	FU11	Ipswich Jaffa RC	492	485	490	491	490	493	1476
12	Megan WADE	FU11	Ipswich Jaffa RC	490	489	492	492	491	489	1475
13	Bryony HALL	FU11	Stowmarket Striders RC		487	491	490	489		1470
14	Leila-Mae MITCHELL	FU11	Stowmarket Striders RC	487	483		489	488	488	1465
15	Amelie WATTS	FU11	Stowmarket Striders RC	486	482	489	488	487		1464
16	Elizabeth NOVI	FU11	Haverhill Running Club	489					492	981
17	Lucy SMITH	FU11	Unattached		488	493				981
18	Lily FAIERS	FU11	TRISudbury					486	487	973
19	Maya LANCASTER	FU11	Colchester Harriers AC						495	495
20	Molly RAISHBROOK	FU11	Ipswich Jaffa RC	493						493
21	Emily BOORMAN	FU11	Unattached				493			493
22	Mia GUERMONPREZ	FU11	Stowmarket Striders RC					493		493
23	Ayla EASTON	FU11	Unattached		492					492
24	Maya IONESCU	FU11	Unattached					492		492
25	Paige EDWARDS	FU11	Unattached						491	491
26	Annamae DOUGALS	FU11	Unattached						490	490
27	Elsie PRICE	FU11	Hadleigh Hares AC	488						488
28	Daisy FULLER	FU11	Framlingham Flyers		486					486
29	Georgina ROBINSON	FU11	Unattached		484					484
30	Phia FARTHING	FU11	Unattached		481					481

1	Sophie BOLTON	FU13	Saint Edmund Pacers	500	500		500	500	1500	
2	Mia LAWES	FU13	Colchester & Tendring AC	500	499	499	500		499	1499
3	Ella STANDRING	FU13	Ipswich Harriers	499	498	497	499			1496
4	Isla ROBERTS	FU13	Ipswich Jaffa RC	497	495	498	498	499	498	1495
5	Bethan SOUTHWOOD	FU13	Saint Edmund Pacers	496	497	495	497	495	497	1491
6	Laila MCNEILL	FU13	Saint Edmund Pacers	498	494	496	496	496	495	1490
7	Lilly GAVIN	FU13	Ipswich Harriers		496		495	497	494	1488
8	Ella KADING	FU13	Stowmarket Striders RC	494	493		494	494		1482
9	Imogen STRINGER	FU13	Colchester & Tendring AC	495	491		493			1479
10	Seren BLOOR	FU13	Ipswich Jaffa RC		490	494	492	493		1479
11	Jasmine SMY	FU13	Ipswich Jaffa RC	493	489	491	491	491	492	1476
12	Orla SQUIRRELL	FU13	Ipswich Jaffa RC		488	490	490	489		1469
13	Maya WRIGHT	FU13	Ipswich Jaffa RC					498		498
14	Evie FOSTER	FU13	Colchester & Tendring AC						496	496
15	Freya MARTIN	FU13	Kesgrave Cruisers			493				493
16	Nancy GARNER	FU13	Harwich Runners						493	493
17	Mila JOYSON	FU13	Ipswich Jaffa RC		492					492
18	Neala BROWN	FU13	Unattached			492				492
19	Isla GREEN	FU13	Stowmarket Striders RC					492		492
20	Jessica GOOBY	FU13	Unattached						491	491
21	Maisie ABLETT	FU13	Stowmarket Striders RC					490		490
22	Tia LOREN	FU13	Unattached			489				489
23	Eden TAYLOR	FU13	Unattached					488		488

1	Darcy BOWEN	FU15	Ipswich Jaffa RC	500	500	500		500	500	1500
2	Evie GOWERS	FU15	Braintree & District AC	499		499	499		499	1497
3	Kathryn HILL	FU15	Ipswich Jaffa RC	496		498				994
4	Molly WALKER	FU15	Braintree & District AC	497			496			993
5	Alice WINSTANLEY	FU15	Saint Edmund Pacers				500			500
6	Lily KEMP	FU15	Framlingham Flyers		499					499
7	Lottie TAYLOR	FU15	Unattached					499		499
8	Martha MAY	FU15	Braintree & District AC	498						498
9	Anaïs BUTLER	FU15	Haverhill Running Club				498			498
10	Ellie BOSWELL	FU15	Haverhill Running Club				497			497